

A free project, compliments of...

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Valentine Heart Quilt

Learn my mosaic collage technique and make a great Valentine Heart Quilt. The placement of lights and darks in your choice of fabric colors can add great dimension to the finished look of your quilt. Once you learn the technique you can create any design you desire.

Supplies

Pencil
Paper
Black permanent marker
Masking or painter's tape
Light box or bright window
Batting - 14" x 14"
Mistifuse fusible web - 14" x 14"
Goddess Sheet, Reynold's Parchment Paper, or Teflon ironing sheet
Coordinating threads
Scissors and/or rotary cutter
Sewing machine
Fabric
Assorted red fabrics in small pieces for heart
Assorted neutrals fabrics in small pieces for background
Backing fabric
Binding
Hanging sleeve (optional)



Please note that the project instructions are provided for a completed heart quilt that measures 12" x 12". The techniques you will learn in the following steps can be used for a smaller quilt project or a larger quilt project. Simply draw a larger or smaller heart or other desired shape for the project size you are making. You can also enlarge or shrink the enclosed heart pattern to your desired size.

Step 1

Place the piece of Mistifuse fusible web on one side of the batting. Cover the area with a protective ironing sheet and press with a hot iron to adhere the web to the batting. Move the iron around so that you heat the entire piece of web and batting. Heat each area for approximately 5 to 10 seconds. If your protective ironing sheet is not large enough to cover the entire batting surface, work in sections. Allow each heated area to cool before trying to remove the protective ironing sheet, otherwise the fusible web may be warm and sticky and try to come off the batting. Be careful not to get any fusible web on your iron or ironing surface.

Step 2

On a sheet of 12" x 12" paper, draw your heart shape with a pencil. If you don't have paper this size, tape several together to measure 12" x 12". When drawing your heart, draw it smaller than the 12" dimensions. You don't want to cut off any of your heart shape when you get to the trimming and binding steps.

When you are happy with your heart shape, go over your pencil lines with a black marker. Tape your pattern to a light box or bright window. Place the batting, with the fusible side up, over the pattern, centering the pattern design as closely as possible. Tape the corners of the batting to secure, if desired. Trace the heart shape from your pattern directly on the fusible side of the batting with the black marker.

Step 3

Cut small pieces of neutral-colored fabric. You can cut these with a scissors or for a fast method, layer several 1" to 1.5" strips of fabric and cut with a rotary cutter in a free hand (no ruler) motion. Cut random shapes approximately 1" to 1.5" in size. Repeat with the red-colored fabrics.

Step 4

Beginning with the background area of the quilt design, start placing neutral fabric pieces on the batting. Work from the lines of the heart outward. Overlap the neutral fabrics into the heart shape approximately 1/4". This overlap acts like a seam allowance. Overlap each neutral fabric piece by approximately 1/8" to 1/4". You don't want to see any batting peeking through. Carefully continue placing the neutral fabric pieces to cover the entire background area of the design and you reach the edges of the batting.

Step 5

Very carefully place your protective ironing sheet over the project and press with your iron to adhere the neutral fabric pieces to the batting. It is helpful if you can do all the work in Step 4 directly on your ironing surface so you can avoid having to transport the project and risk the neutral fabric pieces shifting and moving around. If you need to move your project to the ironing board, it helps to cover it first with your protective ironing sheet to help avoid the fabric pieces from moving. Allow the surface to cool before removing the ironing sheet.

Step 6

Start placing the red fabric pieces on the batting to form your heart shape. Remember to overlap the neutral pieces by 1/4" and also overlap each of the red pieces to avoid batting showing through. Place some darker red fabrics near the edges of the heart shape and some lighter reds in an area near the center of the heart shape. This will give a dimensional appearance. Refer to the photo for an example.

Step 7

Repeat Step 5 to fuse all the red fabric pieces in place.

Step 8

Use your favorite method to baste the backing fabric to the back side of the quilt. Using coordinating threads, quilt with either a free-motion technique or use your desired quilting method.

Trim the quilt to measure 12" x 12". Add binding to the edges and a hanging sleeve to the back if you desire.